



St Andrew's C of E Maghull

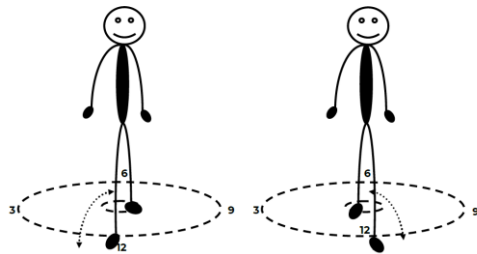
PE Knowledge Organiser

Year 2 – Spring 1 – Dance – Unit 2



Key Knowledge

- I know how to choose movements with different dynamic qualities to express an idea, mood or feeling.
- I know how to choose appropriate movements for different dance ideas.
- I know how to repeat dance phrases.
- I know how to use space.
- I know how my body changes when I do exercise.



Skills

- Select movements that show a clear understanding of the theme/story /idea of the dance
- Show confidence to perform in front of others
- Show some sense of dynamic, expressive and rhythmic qualities in their own dance
- Use different parts of the body in isolation and combination
- Perform with control and balance and demonstrating coordination
- Explore and use basic choreography including levels, speed changes, unison and cannon
- Move with imagination responding the music
- Perform with expression
- Attempt to work as part of a group to perform a dance
- Able to comment on ideas and emotions and how they can be portrayed through dance

Vocabulary

- Dance – Move rhythmically to music
- Twist – Form into a bent, curling or distorted shape
- Turn – Move in a circular directions
- Rhythm – A strong, regular, repeated pattern
- Beat – A rhythmic unit
- Direction – A course along which you move
- Respond – A reaction to something
- Stretch – extend a body part

Lesson Sequence

- Lesson 1**
I can perform short dances reflecting emotions.
- Lesson 2**
I can follow a clock face to develop dance steps.
- Lesson 3**
I can work independently to perform a movement pattern.
- Lesson 4**
I can perform freestyle moves and watch, copy and repeat learnt moves to make a motif.
- Lesson 5**
I can perform the motif in given formations.
- Lesson 6**
I can explore movement pathways in given formations.