



St Andrew's C of E Maghull

PE Knowledge Organiser

Year 2 – Autumn 2 – Dance - 1



<u>Key Knowledge</u>	<u>Skills</u>	<u>Vocabulary</u>	<u>Lesson Sequence</u>
<p>-I know how to choose movements with different dynamic qualities to express an idea, mood or feeling.</p> <p>-I know how to choose appropriate movements for different dance ideas.</p> <p>-I know how to repeat dance phrases.</p> <p>-I know how to use space.</p> <p>- I know how my body changes when I do exercise.</p>	<p>Select movements that show a clear understanding of the theme/story /idea of the dance</p> <p>Show confidence to perform in front of others</p> <p>Show some sense of dynamic, expressive and rhythmic qualities in their own dance</p> <p>Use different parts of the body in isolation and combination</p> <p>Perform with control and balance and demonstrating coordination</p> <p>Explore and use basic choreography including levels, speed changes, unison and canon</p> <p>Move with imagination responding the music</p> <p>Perform with expression</p> <p>Attempt to work as part of a group to perform a dance</p> <p>Able to comment on ideas and emotions and how they can be portrayed through dance</p>	<p>Dance – Move rhythmically to music</p> <p>Twist – Form into a bent, curling or distorted shape</p> <p>Turn – Move in a circular directions</p> <p>Rhythm – A strong, regular, repeated pattern</p> <p>Beat – A rhythmic unit</p> <p>Direction – A course along which you move</p> <p>Respond – A reaction to something</p> <p>Stretch – extend a body part</p>	<p><u>Lesson 1</u> I can use penguin images to inspire dance.</p> <p><u>Lesson 2</u> I can show feelings of abandonment through dance.</p> <p><u>Lesson 3</u> I can create movements that show the friendship between two characters.</p> <p><u>Lesson 4</u> I can create a solo dance with changes of direction and speed.</p> <p><u>Lesson 5</u> I can match my movements to music.</p> <p><u>Lesson 6</u> I can explore dance formations.</p>

