



# St Andrew's C of E Maghull Knowledge Organiser

## Year 1 – Spring 2 – DT – Preparing fruit and vegetables



<p><b><u>Knowledge:</u></b></p> <p>I understand where a range of fruit and vegetables come from e.g. farmed or grown at home.</p> <p>I understand and use basic principles of a healthy and varied diet to prepare dishes, including how fruit and vegetables are part of 'the eatwell plate'.</p> <p>I know and can use technical and sensory vocabulary relevant to the project.</p>	<p><b><u>Skills:</u></b></p> <p><u>Designing</u></p> <p>I can design appealing products for a particular user based on simple design criteria.</p> <p>I can generate initial ideas and design criteria through investigating a variety of fruit and vegetables.</p> <p>I can communicate these ideas through talk and drawings.</p> <p><u>Making</u></p> <p>I can use simple utensils and equipment to e.g. peel, cut, slice, squeeze, grate and chop safely.</p> <p>I can select from a range of fruit and vegetables according to their characteristics e.g. colour, texture and taste to create a chosen product.</p> <p><u>Evaluating</u></p> <p>I can taste and evaluate a range of fruit and vegetables to determine the intended user's preferences.</p> <p>I can evaluate ideas and finished products against design criteria, including intended user and purpose.</p>	<p><b><u>Vocabulary:</u></b></p> <p>Fruit and vegetable names e.g. pineapple, mango, kiwi, melon...</p> <p>Names of equipment and utensils e.g. knife, grater, peeler...</p> <p>Sensory vocabulary e.g. soft, juicy, crunchy, sweet, sticky...</p> <p>Ingredients- The things that are needed to make a food</p> <p>Diet- Everything that a person eats or drinks</p> <p>Seed-Small part produced by plants from which new plants grow</p> <p>Pip- A small fruit seed</p> <p>Core- The central part of a fruit. It contains seeds or pips.</p>	<p><b><u>Lesson Sequence:</u></b></p> <p><u>Lesson 1</u> - I can evaluate existing fruit salads.</p> <p><u>Lesson 2</u> – I can establish the design criteria for a fruit salad.</p> <p><u>Lesson 3</u> – I can generate ideas for a fruit salad.</p> <p><u>Lesson 4</u> – I can plan the making stage of a fruit salad.</p> <p><u>Lesson 5</u> – I can make a fruit salad.</p> <p><u>Lesson 6</u> – I can evaluate my fruit salad against the design criteria.</p>
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