

PE 'Blending Knowledge & Experience' - St Andrew's Maghull C of E Primary School - 2023-2024

Term	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Aut 1	<p>Healthy Eating topic in Understanding the World</p> <p>Bike to school week!</p> <p>National Fitness Day</p>	<p>Learning about our bodies in PSHE</p> <p>Bike to school week!</p> <p>National Fitness Day</p>	<p>Bike to school week!</p> <p>National Fitness Day</p> <p>Animals including Humans in Science - focus on Diet and Health</p>	<p>Bike to school week!</p> <p>National Fitness Day</p> <p>Visit to Chester - how did the Romans exercise?</p> <p>JCPE Intra Termly Competition</p>	<p>Bike to school week!</p> <p>National Fitness Day</p> <p>History - How did the Anglo Saxons exercise?</p> <p>JCPE Intra Termly Competition</p>	<p>Bike to school week!</p> <p>National Fitness Day</p> <p>JCPE Intra Termly Competition</p>	<p>Bike to school week!</p> <p>National Fitness Day</p> <p>JCPE Intra Termly Competition</p>
Aut 2	<p>Windmill Farm Trip - Active All Day</p>	<p>Local Area Walk - Geography</p>		<p>Animals including Humans - Focus on humans growth</p> <p>Music - enjoying improvisation - to do with dance and movement</p> <p>JCPE Intra Termly Competition</p>	<p>JCPE Intra Termly Competition</p>	<p>JCPE Intra Termly Competition</p>	<p>Geography - Mapping skills - links to OAA</p> <p>JCPE Intra Termly Competition</p>
Spr 1	<p>Learning about other cultures and countries within Understanding the World (talking about different ways of exercise and movement)</p>	<p>Movement within Music Topic - Into the Groove</p>		<p>History - Stone and Iron Age - how did they exercise?</p> <p>JCPE Intra Termly Competition</p>	<p>JCPE Intra Termly Competition</p>	<p>History - Victorians - how did they exercise?</p> <p>Trip to Quarry Bank Mill - Active All Day</p> <p>Swimming</p> <p>JCPE Intra Termly Competition</p>	<p>History - Ancient Greeks - how they exercised and the Olympics</p> <p>JCPE Intra Termly Competition</p>
Spr 2	<p>Taking Turns in Games within Persona, Social and Emotional Development</p> <p>Liverpool World Museum Trip - Active All Day</p>	<p>Preparing fruit and vegetables - linking to keeping healthy</p>	<p>Animals including Humans - Looking at Growth</p> <p>DT - Preparing fruit and veg - linking to keeping healthy</p>	<p>DT - Healthy Varied Diet - Making and Baking</p> <p>JCPE Intra Termly Competition</p>	<p>Swimming</p> <p>JCPE Intra Termly Competition</p>	<p>JCPE Intra Termly Competition</p>	<p>PSHE - Growing and Changing - how our bodies change</p> <p>JCPE Intra Termly Competition</p>
Sum 1			<p>Music topic - music that makes you dance!</p> <p>PSHE topic - being my best and 'my body needs focus'</p>	<p>Swimming</p> <p>JCPE Intra Termly Competition</p>	<p>Areas of the North West - Trip - Active All Day</p> <p>Art - Swimming Pools topic</p> <p>JCPE Intra Termly Competition</p>	<p>PSHE - Being my Best: Getting Fit Topic</p> <p>JCPE Intra Termly Competition</p>	<p>JCPE Intra Termly Competition</p>
Sum 2	<p>Sports Day</p> <p>Blue Planet Aquarium Trip - Active All Day</p>	<p>Sports Day</p> <p>Animals including humans topic in Science</p>	<p>Sports Day</p> <p>Maths - position and direction</p> <p>PSHE - Growing and Changing - how our bodies change</p>	<p>Sports Day</p> <p>PSHE - Growing and Changing topic - how our bodies change</p> <p>JCPE Intra Termly Competition</p>	<p>Sports Day</p> <p>DT - A Healthy, Varied Diet topic</p> <p>Science - Animals including Humans - digestion and food</p> <p>PSHE - Growing and Changing Topic - how our bodies change</p> <p>JCPE Intra Termly Competition</p>	<p>Sports Day</p> <p>PSHE - Growing and Changing - how our bodies change</p> <p>JCPE Intra Termly Competition</p>	<p>Sports Day</p> <p>Science - Animals including humans - heart and health</p> <p>JCPE Intra Termly Competition</p>

Trips out of school

Practical experiences in class