



Knowledge:

- Recognise that bullying and discriminatory behaviour can result from disrespect of people's differences.
- Suggest strategies for dealing with bullying, as a bystander.
- Describe positive attributes of their peers.
- Know that all people are unique but that we have far more in common with each other than what is different about us.
- Consider how a bystander can respond to someone being rude, offensive or bullying someone else.
- Demonstrate ways of offering support to someone who has been bullied.
- Demonstrate ways of showing respect to others, using verbal and non-verbal communication.
- Understand and explain the term prejudice.
- Identify and describe the different groups that make up their school/wider community/other parts of the UK.
- Describe the benefits of living in a diverse society.
- Explain the importance of mutual respect for different faiths and beliefs and how we demonstrate this.
- Explain the difference between a friend and an acquaintance.
- Describe qualities of a strong, positive friendship.
- Describe the benefits of other types of relationship (e.g. neighbour, parent/carer, relative).

Vocabulary:

Self-esteem – Confidence in one's own self-worth.

Bullying – seek to harm, intimidate, or coerce.

Diversity – variety of different backgrounds.

Respect – regard for the feelings, wishes or rights of others.

Tolerance – accepting other opinions even if they differ from your own.

Relationships – the way in which two or more things or people are connected.

British Values – A culture built upon freedom and equality where everyone is aware of their rights.

Racism – prejudice, discrimination or antagonism by an individual, community or institution against a person or people on the basis of their membership in a specific ethnic group.

Discrimination – The unjust or prejudicial treatment of different categories of people, especially on the grounds of race, age, sex or disability

Lesson Sequence:

Lesson 1: I know that bullying can be a result of disrespect of people's differences.

Lesson 2: I know ways to offer support to people who are being bullied.

Lesson 3: I know how to show respect using both verbal and non-verbal communication.

Lesson 4: I understand and can explain the term prejudice.

Lesson 5: I can explain the differences between a friend and an acquaintance.

Lesson 6: I can define what is meant by the term stereotype and understand how the media can sometimes reinforce stereotypes.

