



**St Andrew's C of E Maghull
Knowledge Organiser
Year 6 – Autumn 2 – PE – Hockey**



Knowledge:

I know how to conduct a short warm up that increases my heart rate and allows my muscles to stretch and relax

I know basic rules to play: **netball**, football, Tag Rugby and Hockey

I know the main principles of attack and defend positions in Invasion Games and can execute them to support my team

I know that is easier to receive a ball when my body position is faced towards the thrower/kicker

I know my body position for dribbling needs to be in Ready Position with my knees slightly bent, on my toes and my body in an open position

I know the importance of working collaboratively in a team to play and keep possession of the ball

Skills:

Choose and implement a range of strategies to attack and defend such as restricting attackers space or goal side marking

Suggest, plan and lead a warm up or drill and use STEP technique to modify

Use and apply boundary rules such as corners, self-pass and sideline in relevant game

Build upon set plays such as in tag rugby, some suggest improvements to play

Use a variety of techniques for passing, controlling, dribbling and shooting the ball in games

Play in a variety of positions

Consistently catch/stop and control a ball

Able to track and control a rebound from shot (penalty or open play)

Work collaboratively in a team to play and keep possession of the ball

Lesson Sequence:

Lesson 1: I can defend and attack in a game and can shoot from close range

Lesson 2: I can perform a long corner routine with team mates

Lesson 3: I understand how to mark as part of a team to limit opponents play

Lesson 4: I can channel opposition players from the centre of the pitch

Lesson 5: I recognise when a hit should be taken and can play the hit out as a defender

Lesson 6: I can work collaboratively to implement attacking and defending strategies. I can try out learnt skills, such as: a push pass and a block tackle

Vocabulary: Control, Use space, Defend, Attack, Dribble, Pass, Tactics, Compete, Collaborate, Teamwork, Score, Shoot, Positions, Power, Distance, Perform, Consistent Fair play, Tackle, Covering, Supporting, Running, Backwards, Tag, Straight, Space, Try -area, Retain, Contest, Possession, Pressure, Support, Control, Footwork, Foul, Free pass