



## Knowledge:

- Accept that responsible and respectful behaviour is necessary when interacting with others online and face-to-face.
- Understand and describe the ease with which something posted online can spread.
- Explore the risks of sharing photos and films of yourselves with other people directly or online.
- Know how to keep your information private online.
- Define what is meant by addiction, demonstrating an understanding that addiction is a form of behaviour.
- Understand that all humans have basic emotional needs and explain some of the ways these needs can be met.
- Explain how drugs can be categorised into different groups depending on their medical and legal context.
- Demonstrate an understanding that drugs can have both medical and non-medical uses.
- Explain in simple terms some of the laws that control drugs in this country.
- Understand the actual norms around drinking alcohol and the reasons for common misperceptions of these.
- Describe some of the effects and risks of drinking alcohol.

## Vocabulary:

**Online Safety:** knowledge of how to keep yourself and others safe online.

**Consent:** permission or agreement for something to happen.

**Law:** the system of rules in a specific country or community

**Assertiveness:** confident in forcible behaviour

**Drug:** a medicine or other substance which has a physiological effect on the body.

**Alcohol:** A liquid that is legal to be drunk by people over the age of 18.

**Peer influence:** when your friends influence you to make a decision that you wouldn't usually make.

**Social Norms:** a shared knowledge of acceptable behaviour by groups.

**Media Influence:** the effect the media can have on decision making, thoughts and behaviours.

## Lesson Sequence:

**Lesson 1:** I can accept that responsible and respectful behaviour is necessary when interacting with others online and face-to-face;

I can understand and describe the ease with which something posted online can spread.

**Lesson 2:** I know the risks of sharing photos and films of themselves with other people directly or online; I know how to keep information private online.

**Lesson 3:** I know what is meant by addiction, demonstrating an understanding that addiction is a form of behaviour; I can understand that all humans have basic emotional needs and explain some of the ways these needs can be met.

**Lesson 4:** I know how drugs can be categorised into different groups; that drugs can have both medical and non-medical uses; I can explain in simple terms some of the laws that control drugs in this country.

**Lesson 5:** I can understand some of the basic laws in relation to drugs; explain why there are laws relating to drugs in this country