



# St Andrew's C of E Maghull Knowledge Organiser



## Year 5 - Autumn 2 - PSHE - Valuing differences

### Knowledge

I know all relationships should make you feel safe, happy, and healthy. I know to treat one another with respect and kindness. Remember, always look for support and advise when you feel uncomfortable about any situation. I know good friends will be respectful to each other and accept them for who they are, regardless of their biological sex, gender expression and orientation. I can make sensible decisions. I know that peer pressure can make us choose the wrong decisions. I can identify that circumstances in other countries and cultures may be different from our own. I know that choices we make, make an impact.

### Vocabulary:

**Friendship** - relationship between people who care about and support each other.  
**Listening** - paying attention to what someone is saying with your ears and your mind.  
**Talking** - using words to share thoughts, feelings, or ideas with others.  
**Listening Skills** - Ways to show you are paying attention, like looking at the speaker, not interrupting, and asking questions.  
**Respect** - treating others kindly and fairly, even if they are different from you.  
**Excluded** - left out or not allowed to join in something.  
**Discrimination** - treating someone unfairly because of who they are, like their skin colour, religion, or gender.  
**Prejudice** - having an unfair opinion about someone before getting to know them.  
**Diverse** - made up of different kinds of people, cultures, or ideas.  
**Multi-cultural Society** - community where people from many different cultures live together.  
**Self-esteem** - how much you value and believe in yourself.  
**Fake News** - News stories that are not true and are made to trick people.  
**Misinformation** - false or incorrect information that is shared by mistake.  
**Disinformation** - False information that is shared on purpose to mislead others.  
**Online Bullying** - being mean or hurtful to someone using the internet or social media.  
**Biological Sex** - whether someone is born male or female, based on their body.  
**Sexual Orientation** - who someone feels love or attraction towards (e.g. boys, girls, or both).  
**Gender Identity** - how someone feels inside about being male, female, both, or neither.  
**Gender Expression** - how someone shows their gender through clothes, behaviour, or style.  
**Verbal Abuse** - saying mean or hurtful things to someone.  
**Physical Abuse** - hurting someone's body on purpose.

### Lesson Sequence:

**Lesson 1** - I can define key qualities of friendships and how to make them last.

**Lesson 2** - I can rehearse active listening skills and demonstrate respectfulness in responding to others appropriately.

**Lesson 3** - I can develop an understanding of discrimination and its injustice and empathise with those affected.

**Lesson 4** - I can identify and describe the different groups that make up our school/wider community/other parts of the UK; describe the benefits of living in a diverse society and explain the importance of mutual respect

**Lesson 5** - I can understand that the information we see online, either text or images, is not always true or accurate; sometimes this is so that people will like them; understand and explain the difference between sex, gender identity, gender expression and sexual orientation.

**Lesson 6** - I can recognise that some people can get bullied because of the way they express their gender and can give examples of how bullying behaviours can be stopped

