



# St Andrew's C of E Maghull

## Knowledge Organiser

### Year 4 – Spring 1 – PE - Dance



<u>Knowledge:</u>	<u>Skills:</u>	<u>Vocabulary:</u>	<u>Lesson Sequence:</u>
<p>I know how to use my imagination to plan a routine based off a specific stimulus.</p> <p>I know to refine, repeat and remember dance phrases and dances.</p> <p>I can describe, interpret and evaluate dance, using appropriate language.</p> <p>I know how to use emotion and expression to improve my performance.</p> <p>I know the role of a director and choreographer.</p> <p>I know how to transition speeds to suit a piece of music.</p>	<p>Respond sensitively to professional work.</p> <p>Refine, repeat, and remember short dance phrases.</p> <p>Perform with increasing musicality with control and confidence.</p> <p>Perform dances with consistency.</p> <p>Show rhythm and style when performing as an individual and with others.</p> <p>Dance using a variety of formations confidently.</p> <p>Show sensitivity to a dance idea/theme or story.</p> <p>Showing self control and maturity to perform a partner/ group contact work.</p>	<p><b>Rhythm</b> – the timing of the steps of a dance</p> <p><b>Stretch</b> - helps dancers find correct alignment, improve flexibility, and strengthen muscles necessary for class and overall performance</p> <p><b>Levels</b> – low/medium/high level to perform on</p> <p><b>Fast/slow</b> – speed of performance</p> <p><b>Direction</b> – direction of performance</p> <p><b>Huddle</b> – group together</p> <p><b>Mood/feeling/emotions</b> – to create atmosphere in a dance performance</p> <p><b>facial expression</b> – to create a mood/atmosphere</p> <p><b>improvisation</b> - (commonly known as improv) is the process of creating movement without pre-planning any steps or choreography.</p> <p><b>Rehearse</b> - a practice of it in preparation for a performance.</p> <p><b>Director</b> - oversee the production of a dance performance, whether on stage or in film.</p> <p><b>Choreographer</b> – person responsible for involves devising sequences of movement and structuring this movement to create a dance work</p> <p><b>Formation</b> - any dance in which a number of couples form a certain arrangement, such as two facing lines or a circle, and perform a series of figures within or based on that arrangement.</p> <p><b>freeze frames</b> - children move only as they change from one still frame or tableau to the next.</p>	<p><b>Lesson 1:</b> I can use freeze frame in our dances.</p> <p><b>Lesson 2:</b> I can perform a slide and roll confidently.</p> <p><b>Lesson 3:</b> I can use a variety of formations when performing.</p> <p><b>Lesson 4:</b> I can extend our 'dance mission' phrases using canon.</p> <p><b>Lesson 5:</b> I can sequence our dance actions to show good flow.</p> <p><b>Lesson 6:</b> I can create a 5-action dance routine showing good stage entry.</p>