



**St Andrew's C of E Maghull
PSHE Knowledge Organiser**



Year 4 – Spring 1 – Keeping Myself Safe

Knowledge

I can give examples of people or things that might influence someone to take risks (e.g. friends, peers, media, celebrities), but that people have choices about whether they take risks.

I can say a few of the risks of smoking or drinking alcohol on a person's body and give reasons for why most people choose not to smoke, or drink too much alcohol.

I can give examples of positive and negative influences, including things that could influence me when I am making decisions.

Vocabulary

Danger - able or likely to cause harm or injury.

Risk - a situation involving exposure to danger.

Hazard - a danger or risk.

Dare - a challenge, especially to prove courage

Influence - a thing or person that has the power to affect another.

Online - an activity or service) available on or performed using the internet or other computer network.

Consent - permission for something to happen or agreement to do something.

Medicine - a drug or other preparation for the treatment or prevention of disease.

Disease - a condition that impairs the proper function of the body or of one of its parts.

Infectious - capable of causing infection.

Lesson Sequence

Lesson 1: I can define the terms 'danger', 'risk' and 'hazard' and explain the difference between them; I can identify situations and suggest simple strategies for managing risk.

Lesson 2: I can define what is meant by the word 'dare';

I can identify from given scenarios and suggest strategies for managing dares.

Lesson 3: I can describe stages of identifying and managing risk and suggest people that can help in managing risk.

Lesson 4: I can understand that we can be influenced both positively and negatively and can give examples of some of the consequences of behaving in an unacceptable, unhealthy or risky way.

Lesson 5: I can identify images that are safe/unsafe to share online and can explain strategies for safe online sharing.

I understand and explain the implications of sharing images online without consent.

Lesson 6: I can understand that medicines are drugs. I can suggest strategies for limiting the spread of infectious diseases (e.g. hand-washing routines).