



# St Andrew's C of E Maghull

## PSHE Knowledge Organiser



### Year 3 – Autumn 1 – Me and My Relationships

#### Key Knowledge

I know it is important to be a good friend and know the impact of hurtful behaviour.

I know bullying is hurtful behaviour and is unacceptable in any situation. I know it is important to speak to someone we trust if we have a worry about ourselves or someone we know.

I know it is important that I can identify different types of relationships and show ways to maintain good relationships.

I can identify that my relationships will change over time and that this is ok.

I recognise how important it is to care for everyone special in my life and I know how to look after them.

#### Vocabulary

**Cooperate** – to work together.

**Challenge** – to prove or justify something.

**Include** – to add someone to a group.

**Isolated** - having minimal contact or little in common with others.

**Solution** - solving a problem or dealing with a difficult situation.

**Disagreement** - a situation in which people have different opinions, or an inability to agree.

**Fair** - without cheating or trying to achieve and unfair advantage.

**Point of view** - the perspective the story is being told from.

**Problem-solving** - identifying the problem, analysing possible solutions, and deciding on the best course of action.

**Welcome** – include someone in a polite or friendly way.

#### Lesson Sequence

**Lesson 1:** I can explain why we have rules, can suggest appropriate rules for different places and consider the possible consequences of breaking the rules.

**Lesson 2:** I can identify people who they have a special relationship with. I can suggest strategies for maintaining a positive relationship with their special people.

**Lesson 3:** I can rehearse and demonstrate simple strategies for resolving given conflict situations.

**Lesson 4:** I can identify qualities of friendship and suggest reasons why friends sometimes fall out; I can rehearse and use, now or in the future, skills for making up again.

**Lesson 5:** I can express opinions and listen to those of others. I can consider others' points of view. I can practise explaining the thinking behind their ideas and opinions.

**Lesson 6:** I can explain what a dare is. I can understand that no-one has the right to force them to do a dare.

**Lesson 7:** I can explain some of the feelings someone might have when they lose something important to them. I understand that these feelings are normal and a way of dealing with the situation.