



St Andrew's C of E Maghull Knowledge Organiser



Year 3 – Autumn 1 – P.E. – Netball

<p><u>Knowledge:</u></p> <ul style="list-style-type: none"> • I know the rules of the game and I am beginning to use them. • I understand my role as an attacker and as a defender. • I know that warming up before an activity prepares my body for exercise and prevents damage to muscles. • I know when I have achieved a set objective. • I know the aim of a game of netball. 	<p><u>Skills:</u></p> <ul style="list-style-type: none"> • To recognise when you need to defend. • To employ tactics to put pressure on opponents. • To be aware and able to undertake the demands of different positions to support both attack and defence. • To send and receive a ball with some consistency to keep possession. • To be able to sometimes move into space to receive the ball. • Use recognised passes in isolation. • Play using basic rules of netball. • Shoot at a goal using appropriate skills. • To work as part of a team. 	<p><u>Vocabulary:</u></p> <p><u>Space</u> – to find room on the court.</p> <p><u>Pass</u> – giving the ball to someone.</p> <p><u>Accurately</u> – doing something with care and precision.</p> <p><u>Mark</u> – to be by your opposition player.</p> <p><u>Dodge</u> – to move between players.</p> <p><u>Attack</u> – aiming to score goals.</p> <p><u>Defend</u> – aiming to keep goals out.</p> <p><u>Footwork</u> – moving your feet with the ball in your hand.</p> <p><u>Possession</u> – who has the ball.</p> <p><u>Rules</u> – how to play a game.</p>	<p><u>Lesson Sequence:</u></p> <p><u>Lesson 1:</u> I can pass accurately.</p> <p><u>Lesson 2:</u> I can recognise dodging and why it is important.</p> <p><u>Lesson 3:</u> I can demonstrate attacking and defensive play.</p> <p><u>Lesson 4:</u> I can recognise how to shoot in netball.</p> <p><u>Lesson 5:</u> I can recognise the most suitable pass to use.</p> <p><u>Lesson 6:</u> I can use a range of accurate passes.</p>
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