



St Andrew's C of E Maghull

Knowledge Organiser

Year 3 - Spring 2 - P.E. - Handball



Knowledge:

- I know the rules of the game and I am beginning to use them.
- I understand my role as an attacker and as a defender.
- I know that warming up before an activity prepares my body for exercise and prevents damage to muscles.
- I know when I have achieved a set objective.
- I know the aim of the game.

Skills:

- To recognise when you need to defend.
- Employ tactics to put pressure on opponents.
- Being aware and able to undertake the demands of different positions to support both attack and defence.
- Send and receive a ball with some consistency to keep possession.
- Sometimes move into space to receive the ball.
- Use recognised passes in isolation.
- Play using basic rules of netball.
- Shoot at a goal using appropriate skills.
- Work as part of a team.

Vocabulary:

- Pass - giving the ball to someone.
- Attack - aiming to score goals.
- Defend - aiming to keep goals out.
- Shoot - to have an attempt at scoring.
- Block - to block a ball from being able to be passed.
- Run - to quickly move away or towards.
- Control - to exercise restraint or direction.
- Catch - to get the ball in your hands.
- Teamwork - working together with those on your team.
- Intercept - to gain control when the other team is passing.
- Possession - whoever has the ball has 'possession'.
- Movement - moving around the court to try and find space.
- Using space - using free spaces to try and get the ball to gain possession.

Lesson Sequence:

- Lesson 1: I can catch efficiently and perform underarm throws.
- Lesson 2: I can perform two new passes and decide which one would be best in a situation.
- Lesson 3: I can move successfully with the ball and move quickly to get around the opponent.
- Lesson 4: I can use defending positions to block the ball and force errors from my opponent.
- Lesson 5: I can use attacking positions effectively.