



St Andrew's C of E Maghull Knowledge Organiser Year 3 - Spring 1 - P.E. - Tag Rugby



Knowledge:

I know the rules of the game and I am beginning to use them.

I understand my role as an attacker and as a defender.

I know that warming up before an activity prepares my body for exercise and prevents damage to muscles.

I know when I have achieved a set objective.

Skills:

- Recognise when you need to defend
- Employ tactics to put pressure on opponents
- Being aware and able to undertake the demands of different positions to support both attack and defence
- Send and receive a ball with some consistency to keep possession
- Sometimes move into space to receive the ball
- Use recognised passes in isolation
- Play using basic rules of recognised games e.g. hockey or football
- Shoot at a goal using appropriate skills e.g. slap shot in hockey or set shot in basketball
- Work as part of a team to attack towards a goal
-

Vocabulary:

- Control - to exercise restraint or direction over.
- Defend - to repel danger or attack
- Attack - to move forward in order to score points for your team.
- Pass - to transfer the ball to a teammate by throwing.
- Collaborate - working with others.
- Tag - a non-contact version of rugby, in which each player wears a special belt that has two tags attached on it.
- Try - a way of scoring points in rugby.
- Retain - hold on to or keep.
- Turn over - an act or action.

Lesson Sequence:

Lesson 1: I can apply basic defensive positions in a game.

Lesson 2: I can work as a team to score tries.

Lesson 3: I can develop tactics to deny space for the opposition.

Lesson 4: I can receive the ball over a short distance.

Lesson 5: I can keep possession as a team with pressure from defenders.