



St Andrew's C of E Maghull

PE Knowledge Organiser

Year 2 – Summer 1 – Send and Return - 1



<u>Key Knowledge</u>	<u>Skills</u>	<u>Vocabulary</u>	<u>Lesson Sequence</u>
<ul style="list-style-type: none"> -I can describe how my body feels during exercise. -I know how to score points and can remember the score. -I know how my body changes when I do exercise. -I know when the ball goes over the net points are scored. -I know a game is played on a court. - I know in a forehand your hand faces forward. -I know in a backhand your hand faces backwards. I know my body needs to be facing the right direction to help hit the ball over the net. -I know what serves means. 	<ul style="list-style-type: none"> Decide on and play with dominant hand Develop tactics to outwit your opponent so they cannot return the ball Demonstrate basic sending skills in isolation and small games Show agility to track the path of ball over a line/net and move towards it Hit a ball using both hand and racquet with some consistency Return a ball coming towards them using hand or racquet Play in a modified game send and returning the ball over a line/net Start a game using basic serving skills Has developed hitting skills with a variety of bats. 	<ul style="list-style-type: none"> Hit – to make contact with a ball. Collect – to retrieve. Stop – to prevent something. Net – what you hit over. Bowl – to throw the ball at the batter. Hitter – The person hitting the ball. Forehand – when your palm faces the direction you are going. Backhand – when your palm doesn't face the direction you are going. Serve – to hit a ball to the opponent. Court – where tennis is played. Tennis – a game for two or four players to strike a ball over a net using a racquet. Racquet – a bat usually used in tennis. 	<ul style="list-style-type: none"> <u>Lesson 1</u> I can stay on my toes to move quickly to the ball. <u>Lesson 2</u> I can identify my dominant hand. <u>Lesson 3</u> I can identify the basic rules of serving. <u>Lesson 4</u> I can develop my agility and use it in a game. <u>Lesson 5</u> I can use the correct grip to hit a self-fed ball. <u>Lesson 6</u> I can use the ready position in a rally.

