



# St Andrew's C of E Maghull

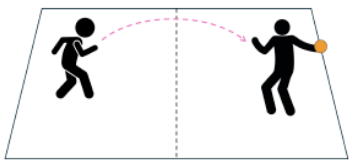
## PE Knowledge Organiser

### Year 2 - Spring 2 - Send & Return Unit 2



#### Key Knowledge

- I can describe how my body feels during exercise. - I know how to score points and can remember the score.
- I know how my body changes when I do exercise.
- I know when the ball goes over the net points are scored.
- I know a game is played on a court.
- I know in a forehand your hand faces forward.
- I know in a backhand your hand faces backwards.
- I know my body needs to be facing the right direction to help hit the ball over the net.
- I know what served means.



#### Skills

- Decide on and play with dominant hand Develop tactics to outwit your opponent so they cannot return the ball
- Demonstrate basic sending skills in isolation and small games
- Show agility to track the path of ball over a line/net and move towards it Hit a ball using both hand and racquet with some consistency
- Return a ball coming towards them using hand or racquet
- Play in a modified game send and returning the ball over a line/net
- Start a game using basic serving skills
- Has developed hitting skills with a variety of bats

#### Vocabulary

- Hit - To tap or strike something with your hand or an object.
- Collect - To pick something up and keep it.
- Stop - To make something not move anymore.
- Net - A see-through barrier that the ball goes over or into.
- Throw - To send something through the air using your hand.
- Roll - To make something move along the ground by turning over.
- Strike - To hit something with force.
- Catch - To grab something that is coming toward you.
- Bowl - To roll or throw a ball toward a target.
- Feed - To gently pass or give the ball to someone.
- Hitter - A person who hits the ball.
- Forehand - A hit made from the front of your body.
- Backhand - A hit made from the back of your body.
- Court - The area where a game is played.

#### Lesson Sequence

- Lesson 1:  
I can stay on my toes to move quickly to the ball.
- Lesson 2:  
I can identify which hand is dominant in a game.
- Lesson 3:  
I can learn the basic rules of serving to our partner.
- Lesson 4:  
I can develop agility and use it in a game.
- Lesson 5:  
I can use the correct grip to hit a self-fed ball.
- Lesson 6:  
I can be in the ready position in a rally.

